



Lent 2022

Lent begins on Ash Wednesday - 2nd March 2022

As we start this season of preparation and penitence, we find ourselves needing to consider how we will intentionally walk these days both individually and as the body of Christ in this place.

Below is outlined all that will be on offer this year.

Resources for use at home during this season will be available from the 27th Feb.

Ash Wednesday- 2nd March

Ash Wednesday is a Principal Holy Day in the Church of England. As disciples we are called to intentionally mark this day out as special, acknowledging it as the start of the season of Lent and our journey towards the passion, crucifixion, death and resurrection of our Lord at Easter. Traditionally we mark this day by attending a service of ashing with the celebration of the Eucharist. There are a number of opportunities for us to gather and mark this day and the start of the season.

11:00 St Thomas à Becket, Pagham

Said eucharist for Ash Wednesday with ashing

15:30- 17:00 St Thomas à Becket, Pagham

Ashes-to-go: a drop-in ashing (particularly for our younger people) an opportunity to start the season in prayerful preparation and commitment.

19:00 St Richard's, Aldwick

Sung eucharist for Ash Wednesday with ashing

21:00 Zoom/ Facebook Live

Compline

Remember that you are dust and to dust you shall return.

Turn away from sin and be faithful to Christ.

Lent Course
‘Comfort ye my people’
Diocese of Chichester Lent course

“I’m very well, thank you.” That’s the response we normally give when people ask. It takes quite a lot of courage to say something else. So, we live with the stuff that makes us not very well. And that can be a very heavy burden to bear.

The season of Lent offers us an opportunity to lay down the things that burden us. Lent is a season of safety when we can admit that not all is well. It gives us permission to review our lives and be honest about how we damage ourselves, other people and the world we inhabit.

Jesus Christ says to us, “Come to me all you that are weary and carrying heavy burdens, and I will give you rest” (Matthew 11:28). And it is very often a hauntingly beautiful visual image or sound that prompts us to explore this offer of rest and comfort.

In the 5 sessions of this year’s Lent Course, we are offered beautiful images, stories and songs that speak of the God who knows us and loves us. In each session someone you will hear from someone about the comfort that they have found in these gifts. They will invite you to begin your own exploration of how God might lift your burdens and give you space and time to rest.

In Aldwick and Pagham we will be running this course in face-to-face groups, with resources also available for people to use at home. Please contact the group co-ordinator of the group you would like to attend, details below. Please note some groups are limited due to space available at the venue/ for covid safety.

The course will run:

Mondays at 19:30

Monday 7th March

Monday 14th March

Monday 21st March

Monday 28th March

Monday 4th April

Thursdays at 14:30

Thursday 10th March

Thursday 17th March

Thursday 24th March

Thursday 31st March

Thursday 7th April

Saturdays at 10:45

Saturday 12th March

Saturday 19th March

Saturday 26th March

Saturday 2nd April

Saturday 9th April

Monday sessions will be led by Sue O’Neill and held at St Richard’s Mosse Hall (committee room)- if you would like to attend this group, please contact Sue on suesdesignservices@gmail.com / 07867 904 780.

Thursday sessions will be led by Linda Hill and held at her home Rosehip Cottage, 8a Harbour Road, Pagham - if you would like to attend this group, please contact Linda on L.Hill5@sky.com / 07759855719

Saturday sessions will be led by Alison Blenkinsop and held at her home (details given when booking in)- if you would like to attend this group, please contact Alison on aliblenk@hotmail.com / 01243 261 131.

Praying together through the season

The Daily Office

The Office is prayed as follows:

Monday 09:00 Morning Prayer- St Thomas à Becket, Pagham

Monday 17:30 Evening Prayer- St Richard's, Aldwick

Tuesday 09:00 Morning Prayer- St Richard's, Aldwick

Tuesday 18:00 Evening Prayer- St Thomas à Becket, Pagham and on Zoom

Wednesday 18:00 Evening Prayer- St Thomas à Becket, Pagham and on Zoom

Wednesday 21:00 Compline- St Richard's, Aldwick and on Zoom/ Facebook.

Thursday 09:00 Morning Prayer- St Thomas à Becket, Pagham

Thursday 17:30 Evening Prayer- St Richard's, Aldwick.

Compline- Night Prayer

Wednesdays at 21:00 throughout Lent- starts Wednesday 2nd March (Ash Wednesday)

St Richard's church and on-line

On Wednesday evenings throughout Lent you are invited to join together in prayer for the final Office of the day. Whether you join the zoom call, watch via Facebook, join us at St Richard's or praying privately at home, this is an opportunity to unite in prayer offering up the day and seeking the peace that is offered for the night ahead.

Stations of the Cross

Sundays in Lent – 17:30

Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it.'

Matthew 16.24,25

The Stations of the Cross have formed part of Christian devotion at Passiontide for many centuries because they enable us to engage actively with the path of suffering walked by Jesus. They originated when early Christians visited Jerusalem and wanted to follow literally in the footsteps of Jesus, tracing the path from Pilate's house to Calvary. They would pause for prayer and devotion at various points, it's still possible to walk this path today. Eventually those pilgrims brought the practice back to their home countries and ever since then Christians of differing traditions have used this form of devotion.

During the season of Lent, we will walk the Stations of the Cross each Sunday afternoon.

Sunday 6th March St Thomas à Becket, Pagham

Sunday 13th March St Richard's, Aldwick

Sunday 20th March St Thomas à Becket, Pagham

Sunday 27th March- Mothering Sunday- no Stations of the Cross

Sunday 3rd April St Richard's, Aldwick

Holy Week 2022

Palm Sunday 10th April

Join us in this last week of Lent as we share in Christ's own journey, starting with the triumphal entry into Jerusalem. The procession with palms is accompanied by the reading of the Passion Narrative, in which the whole story of the week to come is anticipated.

****Bring your own palms**** Tradition has it that local greenery - in abundance - be used to hail Christ's triumphal entry into Jerusalem.

08:00 Holy Communion- St Richard's and St Thomas à Becket.

09:30 The Liturgy of Palm Sunday- St Thomas à Becket, Pagham

11:15 The Liturgy of Palm Sunday- St Richard's, Aldwick

17:30 Stations of the Cross- St Thomas à Becket, Pagham

Monday of Holy Week – 11th April

10:00 Women of Holy Week meditation- St Thomas à Becket, Pagham

19:00 Holy Hour (an hour of guided, silent prayer before the blessed sacrament) - St Richard's, Aldwick.

Tuesday of Holy Week – 12th April

10:00 Women of Holy Week meditation- St Richard's, Aldwick

19:00 Tuesday@7 Holy Week quiet service – St Thomas à Becket, Pagham

Wednesday of Holy Week – 13th April

10:00 Women of Holy Week meditation- St Thomas à Becket, Pagham

21:00 Compline – St Richard's, Aldwick

Maundy Thursday – 14th April

10:00 Women of Holy Week meditation- St Richard's, Aldwick

19:30 The Liturgy of Maundy Thursday with Watch until midnight

Good Friday – 15th April

10:30- 12noon Good Friday Children's workshop- St Richard's, Aldwick

14:00 The Liturgy of Good Friday- St Thomas à Becket, Pagham

Holy Saturday/ Easter Eve – 16th April

10:00 Women of Holy Week meditation- St Thomas à Becket, Pagham

20:00 Easter Vigil – St Richard's, Aldwick

Easter Day – 17th April

05:30 Easter Vigil – St Thomas à Becket, Pagham

08:00 Holy Communion- St Richard's, Aldwick

09:30 Parish Eucharist on Easter Day- St Thomas à Becket, Pagham

11:15 Parish Eucharist on Easter Day- St Richard's, Aldwick

He is risen!

